



ELIZABETH FORWARD
HIGH SCHOOL

2020-2021 School Year

Elizabeth Forward High School New Student Transition Guide



A guide for incoming students
and their parents.



Table of Contents

Where to Go & Who to See	Pages 3-4
Policies & Procedures	Pages 5-6
Bell Schedules	Page 7
Technology	Page 8
Academic Overview	Pages 9-10
Athletics	Pages 11-12
Extra-Curricular Overview	Pages 13-14

A MESSAGE FROM . . . Mr. Michael Routh, Principal



On behalf of myself and the entire staff at EFHS I would like to welcome you to the next chapter in your life. The next four years will be filled with excitement, challenge, and growth. Please use every opportunity to be an active member of this school community. Make sure to utilize all of the resources available to you here at the high school, such as our technology, media center, guidance counselors, administration, and teaching staff. Remember that there is a direct correlation between the effort that you put in and the results you may obtain. Here at EFHS we set high expectations for all students, and we know that you will rise to meet this challenge. We are here to support, encourage, and guide you to meet your academic and personal goals. I wish you all the best during your first year as an Elizabeth Forward High School Warrior!



Dr. Anthony Popowitz, Assistant Principal

Welcome Freshmen!



I am very happy to continue my job as Assistant Principal at Elizabeth Forward High School and look forward to helping you with your academic success. I encourage all of you to explore our activities and clubs and get involved in our wonderful organizations. Also, with the PBIS framework in gear, you can look forward to a positive learning environment. GO WARRIORS!

Dr. Heather Hibner, Assistant Principal

Welcome Class of 2024! I am so pleased to begin my fifth year at Elizabeth Forward High School as an Assistant Principal. As a student at Elizabeth Forward High School,



I am confident that our academic, athletic and social opportunities will challenge and empower you to become the *best version of you*. There are so many unique opportunities available to you as an Elizabeth Forward Warrior; be sure to take advantage and make the most of your high school years here.



Where to Go & Who to See



Main Office	412-896-2349
<ul style="list-style-type: none"> • Secretaries: Mrs. Ambler & Mrs. Curran • To preschedule a student absence, drop off student early dismissals and student excuses • Sign in / out for early dismissals • Purchase replacement planner • Issues with a locker; pick up a confiscated electronic device; deliver something for a student 	

School Counselors	412-896-2352
<ul style="list-style-type: none"> • Mrs. Gierl (A-Le) • Mr. McManus (Li-Z) • Ms. Scalfari – Secondary Counselor • Mrs. Scheiber, Secretary • To discuss scheduling options, personal concerns; to find scholarship info and post-secondary plans. 	

Health Office	412-896-2356
<ul style="list-style-type: none"> • Mrs. Herbst, CSN • Illness; prescription drop- off; daily medication; immunization • Lost and found 	



Athletic Office	412-896-2351
<ul style="list-style-type: none"> • Mr. Guffey, Athletic Director • Mrs. Starmack, Secretary • To pick up or drop off athletic forms; to purchase tickets; to request use of facilities 	



Transition Coordinator	412-896-2344
<ul style="list-style-type: none"> • Mr. Huber • For special education students who are working on post-secondary options and goals • Located in the District Office 	

Transportation	724-872-5490
<ul style="list-style-type: none"> • Mrs. Dahlstrom • STA Bus Company • Concerning bus routes; change in address/ bus; pick-up and drop off times 	



Food Services	412-896-2340
<ul style="list-style-type: none"> • Ms. Savorelli • www.payforit.net • Go online to put money on your child’s lunch account; speak about free / reduced option 	



Policies & Procedures



Daily Schedule

Elizabeth Forward High School operates on a nine-period bell schedule. Students report directly to their first period class upon arriving to the building. A regular school day begins at 7:25 am and ends at 2:20 pm.

EFHS Late Starts

In the case of inclement weather or an emergency, you will be notified by the school messenger system. This system notifies families by a phone call and/or e-mail. Additionally, the local television news will have updated information, as well as the district website.



Attendance

Parents or legal guardians are required to submit a written excuse or doctor's note within **three** school days following an absence. These should be submitted to the excuse box outside of the attendance office. It is the student's responsibility to collect all missed work when absent.



Arranged Absences & Early Dismissals

Notify the office as far in advance as possible. It is the student's responsibility to obtain all educational trip forms from the high school office. In order to leave school early- regardless of age, a student must present a written note from a parent prior to the first period. All parents/authorized persons must pick up students in the main office.



Bullying

A student is being bullied or victimized when he or she is exposed, repeatedly over time, to negative actions by one or more students and/or employees. Students should report incidents of bullying to their school counselor, principal, or teacher.

Cafeteria

To encourage good nutrition, a well- balanced lunch is offered at a reasonable price. Students are required to keep a positive balance in their meal accounts. No outside deliveries or fast food are permitted.

PBIS

EFHS has implemented universal behavioral expectations for all students. Students are rewarded for adhering to these school- wide expectations

Dress Code

A student's appearance or mode of dress or cleanliness will not be permitted to disrupt the educational process. The specific guidelines of the dress code can be found on the district website, www.efsd.net, and in the student handbook. Students who report to school in violation of this code will be asked to change or call home for different clothing. Repeat offenses will result in disciplinary action.

Lockers

Students are encouraged to keep their lockers locked at all times. The school is not responsible for any loss that may occur; however, all losses should be promptly reported to the high school office. Students should report locker difficulties to the office. The school does not provide locks. Students must give lock combination to their homeroom teacher.





2020-21 Bell Schedules



Regular Bell Schedule

Teachers	7:10
Warning Bell	7:23
Period 1	7:25-8:10
Period 2	8:14-8:56
Period 3	9:00-9:42
Period 4	9:46-10:28
Period 5	10:32-11:14
Period 6	11:18-12:00
Period 7	12:04-12:46
Period 8	12:50-1:33
Period 9	1:37-2:20

HR/Activity Bell Schedule

Teachers	7:10
Warning Bell	7:23
Period 1	7:25-8:05
Period 2	8:09-8:49
Period 3	8:53-9:33
Activity/HR	9:37-10:07
Period 4	10:11-10:49
Period 5	10:53-11:31
Period 6	11:35-12:13
Period 7	12:17-12:55
Period 8	12:59-1:37
Period 9	1:41-2:20

PM Activity Bell Schedule

Teachers	7:10
Warning Bell	7:23
Period 1	7:25-8:05
Period 2	8:09-8:46
Period 3	8:50-9:27
Period 4	9:31-10:08
Period 5	10:12-10:49
Period 6	10:53-11:30
Period 7	11:34-12:11
Period 8	12:15-12:52
Period 9	12:56-1:33
PM Activity	1:37-2:20

Two-Hour Delay Schedule

Warning Bell	9:23
Period 1	9:25-9:55
Period 2	9:59-10:28
Period 3	10:32-11:02
Period 4	11:06-11:36
Period 5	11:40-12:10
Period 6	12:14-12:44
Period 7	12:48-1:18
Period 8	1:22-1:49
Period 9	1:53-2:20



Technology & More...

EFSD is at the cutting edge of technology. Every child K-12 is equipped with an iPad.

Teachers integrate technology into their lesson plans daily in order to make learning fun and engaging.



EFSD classrooms all use the Canvas Learning Management system to facilitate a blended learning model.

The high school is one of the only schools in the state that houses a student-centered Fab Lab. EF's FabLab is an MIT Certified program and facility.



Common Sense Media Offers Guidelines to Help Schools and Parents

As school policies and rules online continue to change, parents can talk openly with kids about being smart digital citizens, and can learn together. Common Sense is the leading independent nonprofit organization dedicated to helping kids thrive in a world of media and technology by providing unbiased information, trusted advice, and innovative tools to help them harness the power of media and technology as a positive force in all kids' lives.

Check out: <https://www.commonsensemedia.org/>



Academic Overview

Guidance counselors are available to help create, modify, and ensure credit completion for all students.

Mrs. Gierl

- Grades 10-12
- Last Names A-LE
- 412-896-2346

Mr. McManus

- Grades 10-12
- Last Names LI-Z
- 412-896-2347

Mrs. Scalfari

- 9th grade counselor
- 'At- Risk' Counselor

Guidance Fax: 412-384-2693

Academic Departments at EFHS

- English * Social Studies* Mathematics*
- Science* Foreign Language *
- Business/Computer * Entertainment Technology * Visual Arts * Music * Family & Consumer Science * Technology Education * Special Education * Health & Physical Education * Steel Center *

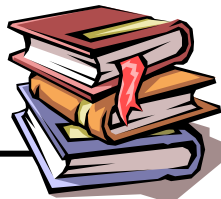
All 9th graders are required to take the following courses during their

Freshman Year:

- ✓ Building Bridges
- ✓ ElizaBYTE
- ✓ Physical Education

EFHS also offers a variety of course levels per each grade and department. Some of these classes include:

- Advanced Placement
- Honors
- Academic
- Applied
- Pre-Advanced Placement
- College in High School



Graduation Requirements:

- ✓ Completion of courses with passing grades
- ✓ Proficiency on the Keystone Exams



Credit Requirements for Graduation

Course	# Credits Required
English	4
Social Studies	4
Mathematics	4
Science	4
Electives	3
Arts/Humanities	3
Physical Education/Aquatics	1
Health	.50
Technology	.50
Building Bridges to My Future	.50
Computer Science	.50
TOTAL CREDITS	25

Please Note: Students are required to schedule a minimum of 6.75 credits per school year.

Grade Point Average Scales

Grade	Regular	Honors	Advanced
A	4	4.5	5
B	3	3.5	4
C	2	2.5	3
D	1	1.5	2
F, WF	0	0	0



Athletics

Student tickets for all home games are sold in the Athletic Office during the school day For \$1.00. Tickets are on sale at the games \$2.00.



Free athletic physical exams are given during the summer for all sports at the high school.

Information is given during school announcements in late April and early May.

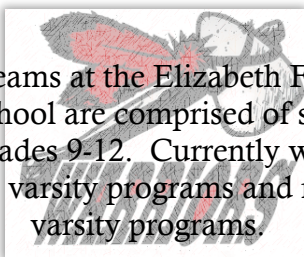
We mail all physicals and code of conduct forms to the students' homes.



EFHS Sports Teams

FALL	WINTER	SPRING
Cheerleading	Basketball	Baseball
Cross Country	Swimming	Softball
Football	Wrestling	Track & Field
Golf		
Soccer		
Volleyball		

Sports teams at the Elizabeth Forward High School are comprised of students from grades 9-12. Currently we offer nine boys varsity programs and nine girls varsity programs.



Student athletes may also be asked to participate in a student leadership forum through the Athletic Department. Topics such as: sports psychology, team building, and school spirit are some of the topics covered in these bi-annual meetings.



Athletes and band members are recognized annually for attaining a 3.5 grade point average or higher by being named to the "All Academic Team".



Extra-Curricular Activities



A student activities program is an integral part of a student's educational experience. It is an opportunity for a student to explore a new interest or socialize with friends in a supervised activity. EFHS offers a variety of clubs and activities for a variety of student interests. Students are strongly encouraged to be involved in activities and clubs during their four years at EFHS. To get involved in an activity, students should check out the EFHS website and listen to announcements for meeting dates and times. Students can also contact club sponsors to find out more information.

Activities/Clubs Contact Information



ACTIVITIES, PROGRAMS AND/OR SPONSORS: 2019 - 2020

- * Academic League Mr. James Coll
- * Activities Director Mrs. Angie Milliren/ Dr. Jen Spiegel/ Mrs. Lynn Ambler
- * Band Mr. Stephen Spang
- BotsIQ Mr. Michael Day
- * Choir Mrs. Angie Milliren
- Class Sponsors
 - * Senior (Homecoming & Winter Formal) Mrs. Diane Hough
 - * Junior (Prom) TBD
 - * Sophomore TBD
 - * Freshman TBD
- Drama Club Mrs. Alana Wiclaw
- * Intramurals Mr. Rob Myers
- Game Changer Student Ministries Mrs. Kimberly Herbst
- * Green Team Mrs. Dianne Keller / Mrs. Alexis Dombrowsky
- * Interact Ms. Malena Mazurek
- Junior State of America (JSA) TBD
- Leo Club Mrs. Tara Wemyss
- * Multi-Media Mrs. Angie Milliren
- * Mock Trial TBD
- * National Honor Society (NHS) Mr. Joseph McManus
- PBIS Brave Bunch Mrs. Missy Benedict
- Physics Club Mr. Michael Day
- Political Science TBD
- Spanish Honor Society Ms. Amy Thurston
- * Students Against Destructive Decisions. . . Mr. Larry Feick/ Mrs. Alexis Dombrowsky
- * Student Government Association (SGA) Mrs. Jennifer Spiegel
- The Future Is Mine (TFIM) Ms. Crista Scalfari
- Technology Student Association (TSA) TBD
- * **EDR Position**



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www.efsd.net